

FOCUS LEGAL & PRIVACY CENTER

Last Updated: September 10, 2026

Welcome to the Focus Legal & Privacy Center.

Focus is operated by **TeamFocus LLC**. This page provides access to the policies, terms, disclosures, and privacy information governing your use of Focus and Focus+.

We believe legal and privacy information should be easy to find and understand. If you have questions about any Focus policy, contact us at **support.teamfocus@gmail.com**.

TERMS OF SERVICE

The **Focus Terms of Service** govern your use of the Focus application, website, accounts, features, integrations, social functionality, Focus+, and related services.

The Terms explain topics including:

- account responsibilities;
- eligibility;
- acceptable use;
- Focus Score and automated insights;
- health and financial features;
- third-party integrations;
- user content;
- intellectual property;
- Focus+;
- service availability;
- account termination;
- disclaimers;
- limitations of liability; and
- other rules governing your use of Focus.

Document: Focus Terms of Service

Effective Date: September 10, 2026

PRIVACY POLICY

The **Focus Privacy Policy** explains how TeamFocus collects, uses, discloses, stores, and protects personal information.

Because Focus may allow users to track multiple areas of their lives, the Privacy Policy includes information concerning:

- account information;
- workouts and fitness;
- nutrition;
- health and wellness;
- Apple Health and HealthKit;
- financial information;
- goals and habits;
- productivity;
- calendars;
- social features;
- connected services;
- Focus Score;
- personalized insights;
- artificial intelligence;
- device information;
- analytics;
- data sharing;
- security;
- data retention;
- account deletion; and
- privacy rights.

Focus does not sell HealthKit information and does not use HealthKit information for third-party advertising.

Document: Focus Privacy Policy

Effective Date: September 10, 2026

HEALTH, FITNESS & NUTRITION DISCLAIMER

The **Focus Health, Fitness & Nutrition Disclaimer** contains important information concerning the health-related features available through Focus.

Focus is not a healthcare provider, medical service, physician, registered dietitian, physical therapist, or emergency medical service.

The Disclaimer covers:

- workouts;
- exercise risks;
- fitness recommendations;
- nutrition information;
- calories and macronutrients;
- food databases;
- allergies and dietary restrictions;
- Apple Health;
- wearables;
- health metrics;
- Focus Score;
- personalized insights;
- AI-generated information; and
- emergency situations.

Information provided through Focus is intended primarily for informational, tracking, organizational, and personal-development purposes and is not a substitute for professional medical care.

Document: Focus Health, Fitness & Nutrition Disclaimer

Effective Date: September 10, 2026

FINANCIAL DISCLAIMER

The **Focus Financial Disclaimer** explains the limitations of Focus's financial tracking and analytics functionality.

Focus and TeamFocus LLC are not a bank, brokerage, lender, investment adviser, financial adviser, accountant, or tax adviser.

The Disclaimer covers:

- connected financial accounts;
- transactions;

- spending;
- budgets;
- savings;
- financial goals;
- net worth;
- financial projections;
- transaction categorization;
- Focus Score;
- AI-generated financial insights;
- financial notifications;
- third-party financial providers; and
- investment-related information.

Financial information within Focus is intended primarily for personal tracking, organization, analytics, and informational purposes.

Document: Focus Financial Disclaimer

Effective Date: September 10, 2026

FOCUS+ SUBSCRIPTION & BILLING TERMS

The **Focus+ Subscription & Billing Terms** govern paid Focus+ products.

These terms explain:

- monthly subscriptions;
- annual subscriptions;
- automatic renewal;
- cancellation;
- App Store billing;
- other marketplace purchases;
- refunds;
- pricing;
- promotional offers;
- Focus+ feature availability;
- Lifetime Focus+ purchases;
- restore purchases;
- payment failures;
- subscription expiration; and

- price changes.

The price and subscription terms displayed at checkout apply to your purchase.

Document: Focus+ Subscription & Billing Terms

Effective Date: September 10, 2026

COMMUNITY GUIDELINES & ACCEPTABLE USE POLICY

The **Focus Community Guidelines & Acceptable Use Policy** governs interactions between Focus users.

These Guidelines may apply to:

- profiles;
- friends;
- challenges;
- leaderboards;
- shared progress;
- comments;
- messages;
- social interactions; and
- other community features.

The Guidelines prohibit conduct including harassment, threats, scams, impersonation, privacy violations, spam, challenge manipulation, dangerous challenges, and other misuse of Focus.

Document: Focus Community Guidelines & Acceptable Use Policy

Effective Date: September 10, 2026

DATA DELETION & PRIVACY REQUESTS

The **Focus Data Deletion & Privacy Request Policy** explains how you can manage personal information associated with your Focus account.

Depending on applicable law and available functionality, users may be able to:

- delete a Focus account;
- request deletion of information;
- request access to information;
- request correction of inaccurate information;
- request a copy of certain information;
- disconnect integrations;
- manage Apple Health permissions; and
- exercise applicable privacy rights.

Privacy requests may be submitted to:

support.teamfocus@gmail.com

Document: Focus Data Deletion & Privacy Request Policy

Effective Date: September 10, 2026

INTELLECTUAL PROPERTY & COPYRIGHT

The **Focus Intellectual Property & Copyright Policy** explains ownership of Focus materials and how intellectual-property concerns are handled.

The Policy covers:

- Focus software;
- Focus branding;
- logos;
- Focus+;
- Focus Score;
- user-interface materials;
- user-generated content;
- feedback;
- copyright;
- trademarks;
- third-party content;
- brand usage; and
- security research.

Users retain ownership of original content they create, subject to the limited rights necessary for TeamFocus to operate Focus.

ACCOUNT DELETION

You may request deletion of your Focus account through the available account controls within Focus or by contacting:

support.teamfocus@gmail.com

Use the subject:

Focus Account Deletion Request

Deleting the Focus application from your device does not automatically delete your account.

If you have an active Focus+ subscription through Apple, Google, or another marketplace, deleting your Focus account may not automatically cancel that subscription.

PRIVACY REQUESTS

For requests involving:

- access to personal information;
- data deletion;
- account deletion;
- data correction;
- privacy rights;
- connected data; or
- other privacy concerns,

contact:

support.teamfocus@gmail.com

We may need to verify your identity before processing certain requests.

COPYRIGHT & TRADEMARK REPORTS

Copyright, trademark, or other intellectual-property concerns may be submitted to:

support.teamfocus@gmail.com

Please identify the material involved and provide sufficient information for TeamFocus to investigate the request.

COMMUNITY & SAFETY REPORTS

To report:

- harassment;
- impersonation;
- scams;
- inappropriate content;
- privacy violations;
- dangerous challenges;
- cheating;
- abusive behavior; or
- other potential violations,

use Focus's available reporting functionality or contact:

support.teamfocus@gmail.com

SECURITY REPORTS

If you believe you have identified a security vulnerability affecting Focus, contact:

support.teamfocus@gmail.com

Use the subject:

Focus Security Report

Please do not publicly disclose sensitive vulnerability information or access private user information beyond what is reasonably necessary to identify the issue.

CONTACT TEAMFOCUS

For general legal, privacy, billing, safety, or policy questions:

TeamFocus LLC

Focus

Email: support.teamfocus@gmail.com

OUR POLICIES

The Focus Legal & Privacy Center currently includes:

Focus Terms of Service

Focus Privacy Policy

Focus Health, Fitness & Nutrition Disclaimer

Focus Financial Disclaimer

Focus+ Subscription & Billing Terms

Focus Community Guidelines & Acceptable Use Policy

Focus Data Deletion & Privacy Request Policy

Focus Intellectual Property & Copyright Policy

These policies may be updated as Focus evolves.

Please review the applicable policy for its most recent “Last Updated” date.

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